

After the one-time chanting of the mantras, Agnihotra is performed. There are no further actions or utensils required. Stay sitting or standing at the fire until it is extinguished.

It is recommended to leave the pot there until the next fire because a broader effect is achieved through radiation. Outdoors you can cover the pot with a refractory tile or a copper sheet to prevent a draft or gust of wind blowing out embers.



Before the next Agnihotra, the cooled ashes are removed and placed in a clay, glass or copper vessel for storage. Coarse ash or ghee residues are best removed with a wooden spatula or a hard brush (please do not use any pointed or sharp objects). The Agnihotra ash is very rich in minerals and high in energy and can be used in many ways.

A video tutorial on how to properly perform Agnihotra can be found at: www.agnihotra-online.com > AGNIHOTRA > Agnihotra practice

How to get the utensils:

You can purchase the utensils for Agnihotra at the Homa-Hof Heiligenberg. Rice and ghee are available in grocery stores that keep organic or ayurvedic products. You can collect dried cow dung yourself (please ask the farmer before). A guide to the production of ghee and drying of cow dung can be found on our website or in the book "Agnihotra" (book only in German at the moment). Dried cow dung is also available on Homa-Hof.

In order to facilitate the learning of the mantras, the publishing house Verlag Horst Heigl has produced a CD "Agnihotra- und Yagna-Mantras". On this CD the mantras are sung slowly and repeated nine times – ideal for practicing.

To determine the exact Agnihotra times of your residence you need a time table. The sunrise and sunset times from newspapers, calendars etc. are not suitable because they are defined differently there. Agnihotra time tables are available at:

Free online calculation of Agnihotra times at: www.agnihotra-online.com > AGNIHOTRA > Calculating Agnihotra times

Different apps for smartphone and iPhone are offered to provide you the Agnihotra timings.

Tips for lighting and a good result

We recommend you to learn Agnihotra from a person you can be sure he or she performs Agnihotra correctly. It would be ideal if you attend a free info meeting on Homa-Hof Heiligenberg or a lecture of the Homa-Hof team (see time table on our website).

For a good burning of the cow dung it should be stored warmly and dryly. In winter season, you can keep ready a few pieces on a tray over the heating. A small, light piece of cow manure spread on both sides with ghee is best for igniting. When this first piece is burning well, place it at an angle in the Agnihotra pot and pile up the other prepared pieces. Some people prefer to first pile some cow dung pieces loosely with some space in the center and then insert the burning piece there. In both cases you will get a well burning fire.

It is also very easy to light the cow dung- thicker pieces in particular - when the cow dung is being dipped in liquid ghee. One can also keep a small supply of prepared pieces.

Instead of short ones, also long matches can be used to light the cow dung. Please always pay attention that the head of the match doesn't get into the Agnihotra pot. It is also possible to first light a small stick of wood or a candle (at best, a beeswax candle) and with its help then the cow dung piece. Do not use lighters (i.e. objects with lighter fluid) or gas stoves. Please extinguish the candle then because its smoke interferes with the Agnihotra smoke.

When performing Agnihotra outside, a wind protection may be necessary.

Finally a request: Agnihotra is not an invention which can be improved through changes. It is revealed knowledge. It is already perfect in itself. Therefore: Do not change Agnihotra.

Further information

This brief introduction will help you to perform Agnihotra correctly. At the Homa-Hof Heiligenberg, free information meetings are regularly offered in which you can learn Agnihotra and convince yourself of the successes in agriculture and the effects on a subtle energy range. The dates of information meetings and lectures on Homa-Hof and elsewhere are published on the detailed website of Homa-Hof (www.agnihotra-online.com). You are welcome.



For further information we recommend the book "Agnihotra – Ursprung, Praxis und Anwendungen" of Horst and Birgitt Heigl, www.homa-hof-shop.de > Agnihotra. This book is only available in German at the moment.

Enjoy performing your own Agnihotra.

Homa-Hof Heiligenberg, Centre for Promotion of Agnihotra



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